

# Leading a **BOLD LIFE**

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Recognizing the risk-taker in all of us –  
because courage is contagious

## **Invite Us: Overview of Leading a Bold Life (LBL)**

- LBL is our multicultural, audience-participatory, 2-hour event for men and women.
- LBL events celebrate multiculturalism and courage by showcasing the diversity in your community and simultaneously encouraging all participants to lead bold lives.
- LBL events are an outgrowth of our successful That Takes Ovaries ([www.ThatTakesOvaries.org](http://www.ThatTakesOvaries.org)) women's empowerment events (800+ held to date), however LBL is geared equally to a mixed-gender audience.
- Don't miss this opportunity to engage women and men in your organization in a celebration of courage and boldness. Invite us to your workplace, campus or conference today.

## **More About Leading a Bold Life Events**

### **Culturally-diverse empowerment model**

Our Leading a Bold Life (LBL) event offers a culturally-diverse empowerment model that combines story-sharing and drama to raise participant self-esteem and leadership skills so they will be confident risk-takers, both in their personal lives and in the larger community. This high-energy, highly-participatory event is fun and inspiring while dealing with the serious business of what it means to have courage at work, at school, at home or anywhere else.

### **Celebrates bravery**

Leading a Bold Life celebrates all acts of bravery, from speaking up in a meeting when it would be easier to remain silent to leading an organization through uncertain times, from standing up to the school yard bully to working for equality and social justice. The purpose of this event is to develop leadership skills, such as public speaking and the courage to act boldly when required – for example, with bystander intervention: interrupting racism or sexual harassment participants may witness in their private lives or at work.

### **Broad audience**

Leading a Bold Life can be delivered to a broad audience of men and women from across your organization or as a team-building experience for work groups and departments. Perfect for diversity events, Leading a Bold Life can be offered to multicultural groups, women's networks or other employee resource groups.

### **Flexibility**

Leading a Bold Life has flexibility so that it can meet your group's specific needs. After conducting a Needs Assessment with you, we tailor your event so that it addresses your organization's specific issues around change, leadership, diversity and gender dynamics or navigating the new global marketplace.

## **Origins**

Leading a Bold Life events are an outgrowth of the work conducted by our women's empowerment organization That Takes Ovaries over the last 11 years, with 800+ events held to date. We developed our Leading a Bold Life event because we found that some workplaces and communities wanted a That Takes Ovaries type of event – with our unique mix of inspiring discussion, probing questions about why a person should lead a bold life, dramatic readings, storytelling and audience participation – but they preferred the idea of celebrating the bold acts of both men and women equally.

## **At the event**

The event begins with an interactive talk entitled, "Leading a Bold Life," where the discussion centers around why it is important to be gutsy and brave, both personally and for the larger community. This is followed by dramatic readings – true stories of boldness delivered by your employees. (Our trained facilitators coach each reader in advance of the event.) Participants engage in a dialogue about stepping up to challenges, big and small, and making an impact. Finally, there is an open mike portion that encourages the audience to share personal stories of times they acted boldly. The goal is to capture moments of personal triumph, thus spurring courage and bold living in all who attend the event.

## **Invite us**

For more information on bringing a customized diversity-oriented or women's empowerment-oriented event to your organization or workplace, where people of all genders and backgrounds learn to lead more bold lives, please contact Rivka@ThatTakesOvaries.org or call 781-583-1515.

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## **Leading a Bold Life FAQ**

### **What is a Leading a Bold Life Event?**

- A workshop and open mike event that celebrates diversity and courage

### **Who is the Audience for Leading a Bold Life?**

- Both men and women
- Multicultural groups
- Staff, employees and employee resource and affinity groups
- Students and faculty
- Conference attendees
- Human Resources professionals
- Directors of Diversity and Inclusion
- Department of Defense professionals

### **Outcomes for Leading a Bold Life Participants?**

- Understanding how courage is a key element for individual and organizational success.
- Enhancing their confidence and self-esteem by identifying and acknowledging their own acts of courage.
- Celebrating the courage of their friends, families and colleagues.
- Identifying a critical leadership competency.
- Learning to act as confident risk-takers and bold bystanders, both for personal and social change.
- Learning to speak up and speak out, even if it requires stepping through discomfort or fear.

### **What is Included in a Leading a Bold Life Event?**

- A pre-event Needs Assessment with your event organizers.
- At the event, an interactive talk on Leading a Bold Life.
- Dramatic readings of real-life bold acts, read by event participants (we help you select readings and readers that will be most effective for your audience).
- A Featured Storyteller from your organization, so a specific courageous act can be recognized or a specific person can be honored.
- And the highlight of the event: an open mike component, where any inspired attendees may spontaneously share with the whole room true tales of their own bold deeds.

### **Additionally, this audience-participatory event will:**

- Offer a multicultural way to celebrate strength and courage by showcasing the diversity in your community.
- Empower and raise the consciousness of both men and women.
- Enhance sexual assault prevention training, as it encourages bystander intervention.
- Challenge the audience to stand up to injustices they witness.